

# February 2020

## The Lippman School

### LUNCH



**School Information:**  
The Lippman School  
750 White Pond Drive  
Akron, Ohio 44320



**Fitness Tip:** Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.  
Reference: USDA MyPlate

#### Monday

Bagel w/ Cream Cheese  
Scrambled Eggs  
Latkes  
Apple Sauce **3**

#### Tuesday

Hamburgers  
French Fries  
Peas and Carrots  
Peaches **4**

#### Wednesday

Grilled Cheese  
Tomato Soup  
Fruit Cocktail **5**

#### Thursday

Baked Chicken  
Mashed Potatoes  
Carrots  
Sliced Oranges **6**

#### Friday

Cheese Pierogis  
Yogurt  
Pears **7**

Baked Ziti  
Broccoli  
Cottage Cheese  
Pineapple **10**

Chinese Chicken  
Rice  
Mandarin Oranges  
Edamame **11**

Sloppy Joes w/ Bun  
Tater Tots  
Green Beans  
Pears **12**

Bowtie Pasta w/  
Broccoli and Cheese  
Fruit Cocktail **13**

Veggie Patty w/ Bun  
Corn  
Peaches **14**

NO SCHOOL **17**

Fish Sticks w/ Bun  
Carrots  
Pineapple **18**

Pasta w/ Meat Sauce  
Green Beans  
Apple Sauce **19**

Cheese Pizza  
Fresh Veggies  
Fruit Cocktail **20**

Chicken Nuggets  
Mashed Potatoes  
Carrots  
Mandarin Oranges **21**

Macaroni & Cheese  
Broccoli  
Fruit Cocktail **24**

Taco Bar  
Spanish Rice  
Peaches **25**

Pizza Bagels  
Fresh Veggies  
Apple Sauce **26**

BBQ Chicken  
Israeli Couscous  
Mixed Veggies  
Oranges **27**

Turkey Sandwich  
Chips  
Pineapple  
Green Beans **28**

